

Windrose Happenings!

The Holiday Season is in full swing here at Windrose at Weymouth! Our Activities Team has been busy getting ready for all of the Holidays upon us! Our Dining Team has been just as busy planning and prepping for Thanksgiving Dinner! A traditional turkey dinner and all of the fixings will be served at noon on Thanksgiving. Please let us know if you are planning to attend or if you are planning to take your loved one out for the day! On November 11th we get the opportunity to thank all of our Veterans here at Windrose at Weymouth. We are teaming up with Brookhaven Hospice to honor our Veterans at the Veterans Day Ceremony. The ceremony will begin at 10:30. In addition to honoring our Veterans at Windrose, we will be busy making Veterans Day Cards to send to Veterans throughout the Country through the group Operation Support & Encouragement. We are so Thankful for all of our Veterans. In addition to these special events we have a full calendar of fun! This month we have Paul Coronella, Steve Lanzilotta, Bill Burke and Frank Adams all performing for us! JJ and her crafters club has many fun and festive projects planned. And we will all be enjoying Thanksgiving! Happy Thanksgiving to all of our Windrose family and friends!

“The more you practice the art of thankfulness, the more you have to be thankful for”



WINDROSE at weymouth *Associates*

Katie Palamara
Executive Director

Susan MacIndewar
Sales & Marketing Director

Megan Wright
Resident Care Director

Megan Walker
Engagement Director

Alisha Parker
Business Office Manager

Joao Gomes
Maintenance Director

Richard DeAngelo
Culinary Director



Thanksgiving Fun Facts!



- Turkey wasn't on the menu at the first Thanksgiving. Venison, duck, goose, oysters, lobster, eel, and fish were likely served, alongside pumpkins and cranberries (but not pumpkin pie or cranberry sauce!).
- Abraham Lincoln proclaimed Thanksgiving a national holiday on October 3, 1863.
- The average number of calories consumed on Thanksgiving is 4,500.
- The tradition of football on Thanksgiving began in 1876 with a game between Yale and Princeton.
- More than 54 million Americans are expected to travel during the Thanksgiving holiday this year.





NOVEMBER 2022

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



670 Main Street • Weymouth, MA 02190
(781) 331-5555 •

- 6** Daylights Savings
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Sunday Mass
 - 1:30 Paul Coronella Performs
 - 3:00 Sunday Social
 - 3:30 Yahtzee!
 - 6:00 Hand Massages

- 7**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Stretch and Tone Exercise
 - 11:00 Have You Ever?
 - 1:30 Bocce Competition
 - 3:00 Afternoon Social
 - 6:00 Monday Night Movie

- 8**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Bill Burke Performs
 - 11:00 Mindful Meditation
 - 1:30 Crafters Club with JJ
 - 2:00 Bowling
 - 3:00 Snack and Chat Social

- 9**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Mike Dardis Performs
 - 11:00 White Board Word Games
 - 1:30 Bingo!
 - 3:00 Afternoon Social
 - 6:00 Hand Massages

- 10**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Frank Adams Performs
 - 11:00 Cooking Club
 - 2:00 Manicures
 - 2:00 Bowling
 - 3:00 Cookie & Conversation Social

- 11** Veterans Day
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Veterans Day Ceremony
 - 2:00 Paul Coronella Performs
 - 3:00 Ice Cream Sundae Social
 - 6:00 Friday Night Flick

- 12**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Saturday Morning Stretch
 - 1:30 Afternoon Matinee
 - 3:00 Saturday Social
 - 3:30 Word Scramble

- 13**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Sunday Mass
 - 1:30 Sunday Afternoon Stretch
 - 3:00 Sunday Social
 - 3:30 Yahtzee!
 - 6:00 Hand Massages

- 14**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Stretch and Tone Exercise
 - 11:00 Have You Ever?
 - 1:30 Steve Lanzilotta Performs
 - 3:00 Afternoon Social
 - 6:00 Monday Night Movie

- 15**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Noodle Exercises
 - 11:00 Mindful Meditation
 - 1:30 Crafters Club with JJ
 - 2:00 Golfing
 - 3:00 Snack and Chat Social

- 16**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Move and Groove Exercise
 - 11:00 White Board Word Games
 - 1:30 Art Class w/ Paul
 - 3:00 Afternoon Social
 - 6:00 Hand Massages

- 17**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Balloon Volleyball
 - 11:00 Cooking Club
 - 2:00 Manicures
 - 2:00 Bowling
 - 3:00 Cookie & Conversation Social

- 18**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Noodle Exercises
 - 2:00 Sing Along
 - 3:00 Ice Cream Sundae Social
 - 6:00 Friday Night Flick

- 19**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Saturday Morning Stretch
 - 1:30 Afternoon Matinee
 - 3:00 Saturday Social
 - 3:30 Word Scramble

- 20**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Sunday Mass
 - 1:30 Sunday Afternoon Stretch
 - 3:00 Sunday Social
 - 3:30 Yahtzee!
 - 6:00 Hand Massages

- 21**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Stretch and Tone Exercise
 - 11:00 Have You Ever?
 - 1:30 Bocce Competition
 - 3:00 Afternoon Social
 - 6:00 Monday Night Movie

- 22**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Noodle Exercises
 - 11:00 Mindful Meditation
 - 1:30 Crafters Club with JJ
 - 2:00 Bowling
 - 3:00 Snack and Chat Social

- 23**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Move and Groove Exercise
 - 11:00 White Board Word Games
 - 1:30 Bingo!
 - 3:00 Afternoon Social
 - 6:00 Hand Massages

- 24** Thanksgiving
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Macys Day Parade
 - 11:00 Thanksgiving Dinner
 - 2:00 Manicures
 - 3:00 Cookie & Conversation Social

- 25**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Joey Bbop Performs
 - 2:00 Sing Along
 - 3:00 Ice Cream Sundae Social
 - 6:00 Friday Night Flick

- 26**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Saturday Morning Stretch
 - 1:30 Afternoon Matinee
 - 3:00 Saturday Social
 - 3:30 Word Scramble

- 27**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Sunday Mass
 - 1:30 Paul Coronella Performs
 - 3:00 Sunday Social
 - 3:30 Yahtzee!
 - 6:00 Hand Massages

- 28**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Stretch and Tone Exercise
 - 11:00 Have You Ever?
 - 1:30 Bocce Competition
 - 3:00 Afternoon Social
 - 6:00 Monday Night Movie

- 29**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Noodle Exercises
 - 11:00 Mindful Meditation
 - 1:30 Crafters Club with JJ
 - 2:00 Golfing
 - 3:00 Snack and Chat Social

- 30**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Move and Groove Exercise
 - 11:00 White Board Word Games
 - 1:30 Bingo!
 - 3:00 Afternoon Social
 - 6:00 Hand Massages



Events

- 1st~ All Saints Day
- 1st~ Anna C' s Birthday
- 4th~ National Candy Day
- 6th~ Daylights Savings
- 10th~ National Vanilla Cupcake Day
- 11th~ Veterans Day
- 13th~ World Kindness Day
- 14th~ National Pickle Day
- 18th~ Apple Cider Day
- 24th~ Thanksgiving
- 25th~ Black Friday
- 26th~ National Cake Day
- 29th~ Giving Tuesday

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social