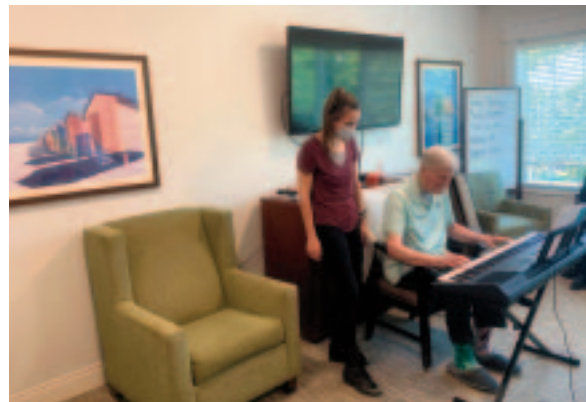


Get Connected!

Here at Windrose at Weymouth we offer an app to keep you connected with your loved one! *The Connected Living Community* is a mobile app designed specifically for communities, their families and friends to deepen connections and stay updated with the most important community information! This app allows you to:

- ~ Learn about daily events & menus
- ~ Access Community News & Announcements
- ~ Communicate privately with family & friends
- ~ View and RSVP to daily events
- ~ Access menus, updates, videos and more

If you do not have a username please reach out to Megan Walker & Stay Tuned for more updates!



Windrose Happenings!



WINDROSE
at weymouth
Associates

Katie Palamara
Executive Director

Susan MacIndewar
Sales & Marketing Director

Megan Wright
Resident Care Director

Megan Walker
Engagement Director

Alisha Parker
Business Office Manager

Joao Gomes
Maintenance Director

Fall is in the air and we have many festive events planned for the month of October! Jj and her Crafters Club will be busy creating decorations and then decorating for our Halloween Party on the 31st. Performer, Bill Burkes Halloween Show will be on the 30th at 10:30. This is a show that you won't want to miss! Our cooking club also has a lot planned for the month of October! On the 1st we will be celebrating National Homemade Cookie Day and will be baking some of our favorite cookie recipes! They will also be making many treats for our Halloween Party! All of us here at Windrose at Weymouth are looking forward to a fun filled month!

“The end of the summer is not the end of the world. Here's to October”~
A.A Milne



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Events

- 1st~ National Homemade Cookie Day
- 4th~ National Cinnamon Roll Day
- 5th~ Yom Kippur
- 6th~ Jacks Birthday
- 6th~ AnnMaries Birthday
- 7th~ National Frappe Day
- 8th~ National Fluffernutter Day
- 10th~ Columbus Day
- 12th~ Donalds Birthday
- 13th~ National M&M Day
- 15th~ National I love Lucy Day
- 25th~ Joans Birthday
- 30th~ National Candy Corn Day
- 31st~ Halloween

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social

30 OCTOBER

- 9:30 ■ Walking Club
- 10:30 ■ Bill Burke Performs
- 1:30 ■ Sunday Afternoon Stretch
- 3:00 ■ Sunday Social
- 3:30 ■ Yahtzee!
- 6:00 ■ Hand Massages

31 OCTOBER
Halloween

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Stretch and Tone Exercise
- 11:00 ■ Have You Ever?
- 1:30 Halloween Party!
- 6:00 ■ Monday Night Movie



670 Main Street • Weymouth, MA 02190
(781) 331-5555 •



1

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Saturday Morning Stretch
- 1:30 ■ Afternoon Matinee
- 3:00 ■ Saturday Social
- 3:30 ■ Word Scramble

2

- 9:30 ■ Walking Club
- 10:30 ■ Sunday Mass
- 1:30 ■ Paul Coronella Performs
- 3:00 ■ Sunday Social
- 3:30 ■ Yahtzee!
- 6:00 ■ Hand Massages

3

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Stretch and Tone Exercise
- 11:00 ■ Have You Ever?
- 1:30 ■ Bocce Competition
- 3:00 ■ Afternoon Social
- 6:00 ■ Monday Night Movie

4

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Noodle Exercises
- 11:00 ■ Mindful Meditation
- 1:30 ■ Crafters Club with JJ
- 2:00 ■ Golfing
- 3:00 ■ Snack and Chat Social

5
Yom Kippur

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Move and Groove Exercise
- 11:00 ■ White Board Word Games
- 1:30 ■ Bingo!
- 3:00 ■ Cookie and Conversation Social
- 6:00 ■ Hand Massages

6

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Balloon Volleyball
- 2:00 ■ Manicures
- 2:00 ■ Bowling
- 3:00 ■ Afternoon Social

7

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Noodle Exercises
- 2:00 ■ Dick Mandell Performs
- 3:00 ■ Ice Cream Social
- 6:00 ■ Friday Night Flick

8

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Saturday Morning Stretch
- 1:30 ■ Afternoon Matinee
- 3:00 ■ Saturday Social
- 3:30 ■ Word Scramble

9

- 9:30 ■ Walking Club
- 10:30 ■ Sunday Mass
- 1:30 ■ Sunday Afternoon Stretch
- 3:00 ■ Sunday Social
- 3:30 ■ Yahtzee!
- 6:00 ■ Hand Massages

10
Columbus Day

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Stretch and Tone Exercise
- 11:00 ■ Have You Ever?
- 1:30 ■ Bocce Competition
- 3:00 ■ Afternoon Social
- 6:00 ■ Monday Night Movie

11

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Noodle Exercises
- 11:00 ■ Mindful Meditation
- 1:30 ■ Crafters Club with JJ
- 2:00 ■ Bowling
- 3:00 ■ Snack and Chat Social

12

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Move and Groove Exercise
- 11:00 ■ White Board Word Games
- 1:30 ■ Veterans Group
- 3:00 ■ Cookie and Conversation Social
- 6:00 ■ Hand Massages

13

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Balloon Volleyball
- 2:00 ■ Manicures
- 2:00 ■ Bowling
- 3:00 ■ Afternoon Social

14

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Noodle Exercises
- 2:00 ■ Paul Coronella Performs
- 3:00 ■ Ice Cream Social
- 6:00 ■ Friday Night Flick

15

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Saturday Morning Stretch
- 1:30 ■ Afternoon Matinee
- 3:00 ■ Saturday Social
- 3:30 ■ Word Scramble

16

- 9:30 ■ Walking Club
- 10:30 ■ Sunday Mass
- 1:30 ■ Sunday Afternoon Stretch
- 3:00 ■ Sunday Social
- 3:30 ■ Yahtzee!
- 6:00 ■ Hand Massages

17

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Stretch and Tone Exercise
- 11:00 ■ Have You Ever?
- 1:30 ■ Bocce Competition
- 3:00 ■ Afternoon Social
- 6:00 ■ Monday Night Movie

18

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Noodle Exercises
- 11:00 ■ Mindful Meditation
- 1:30 ■ Crafters Club with JJ
- 2:00 ■ Golfing
- 3:00 ■ Snack and Chat Social

19

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Move and Groove Exercise
- 11:00 ■ White Board Word Games
- 1:30 ■ Art Class w/ Paul
- 3:00 ■ Cookie and Conversation Social
- 6:00 ■ Hand Massages

20

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Steve Lanzilotta Performs
- 2:00 ■ Manicures
- 2:00 ■ Bowling
- 3:00 ■ Afternoon Social

21

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Noodle Exercises
- 2:00 ■ Sing Along
- 3:00 ■ Ice Cream Social
- 6:00 ■ Friday Night Flick

22

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Saturday Morning Stretch
- 1:30 ■ Afternoon Matinee
- 3:00 ■ Saturday Social
- 3:30 ■ Word Scramble

23
Halloween

- 9:30 ■ Walking Club
- 10:30 ■ Sunday Mass
- 1:30 ■ Paul Coronella Performs
- 3:00 ■ Sunday Social
- 3:30 ■ Yahtzee!
- 6:00 ■ Hand Massages

24

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Stretch and Tone Exercise
- 11:00 ■ Have You Ever?
- 1:30 ■ Bocce Competition
- 3:00 ■ Afternoon Social
- 6:00 ■ Monday Night Movie

25

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Noodle Exercises
- 11:00 ■ Mindful Meditation
- 1:30 ■ Crafters Club with JJ
- 2:00 ■ Bowling
- 3:00 ■ Snack and Chat Social

26

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Move and Groove Exercise
- 11:00 ■ White Board Word Games
- 1:30 ■ Bingo!
- 3:00 ■ Cookie and Conversation Social
- 6:00 ■ Hand Massages

27

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Balloon Volleyball
- 2:00 ■ Manicures
- 2:00 ■ Bowling
- 3:00 ■ Afternoon Social

28

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Joey BBop
- 2:00 ■ Sing Along
- 3:00 ■ Ice Cream Social
- 6:00 ■ Friday Night Flick

29

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Saturday Morning Stretch
- 1:30 ■ Afternoon Matinee
- 3:00 ■ Saturday Social
- 3:30 ■ Word Scramble

Events are subject to change.