

National Assisted Living Week

This month we get to celebrate National Assisted Living Week! This years National Assisted Living Week takes place the 11th through the 17th and this years theme is “ Joyful Moments”. National Assisted Living Week was established in 1995 by the National Center for Assisted Living (NCAL). National Assisted Living Week provides an opportunity for residents, their loved ones, staff, volunteers and communities to recognize the role of assisted living in caring for Americas seniors.

Throughout the month of September here at Windrose at Weymouth we will be creating “ Joyful Moments” for all of the residents and staff. We will kick off our National Assisted Living week celebrations on the 11th at our Grandparents Day Social. We will continue though out the week with special events. Stay tuned for details!

Here at Windrose at Weymouth we strive to create “ Joyful Moments” every day for our staff , residents and their loved ones! We are so fortunate to have such an amazing community here at Windrose at Weymouth!

Happy National Assisted Week!



WINDROSE at weymouth Associates

Katie Palamara
Executive Director

Susan MacIndewar
Sales & Marketing Director

Megan Walker
Engagement Director

Megan Wright
Resident Care Director

Teresa Berardi
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Joao Gomes
Maintenance Director



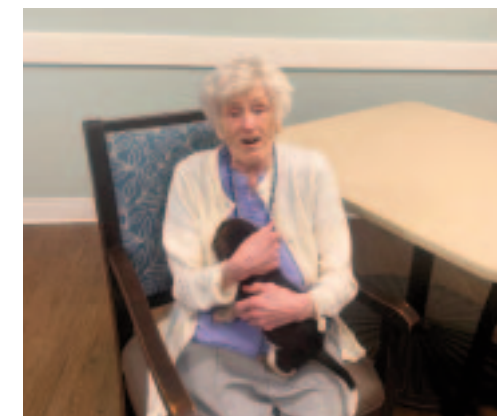
Fall Into Fun!



Summer sure did fly by fast and it is hard to believe that we are already entering Fall ! This month we have many fun things to look forward too! We have a full schedule of Entertainers that will be performing ! We also have Wally the therapy dog visiting weekly and our monthly Art Class with Artist Paul Casagrande. Our Veterans group will be meeting on the 13th this month! The activities team is busy preparing for fall . JJ has many Fall themed crafts planned for her weekly craft group! Our walking club is looking forward to the cooler weather and the pumpkins in the garden are ready to bloom.

“ And all at once, summer collapsed into fall”

~ Oscar Wilde~



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



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Events

- 5th~ Labor Day
- 6th~ National Coffey Ice Cream Day
- 11th~ Grandparents Day
- 11th~ Patriot Day
- 11th~ Cathys Birthday
- 12th~ National Chocolate Milkshake Day
- 16th~ National Guacomole Day
- 16th~ Tims Birthday
- 17th~ Jeans Birthday
- 18th~ National Cheeseburger Day
- 20th~ National Pepperoni Pizza Day
- 22nd ~ Fall Equinox
- 26th~ National Pancake Day
- 29th~ National Coffee Day

- 4**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Paul Coronella Performs
 - 1:30 Sunday Afternoon Stretch
 - 3:00 Sunday Social
 - 3:30 Yahtzee!
 - 6:00 Hand Massages

- 5** Labor Day
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Stretch and Tone Exercise
 - 11:00 Have You Ever?
 - 1:30 Bocce Competition
 - 3:00 Labor Day Social
 - 6:00 Monday Night Movie

- 6**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Noodle Exercises
 - 11:00 Mindful Meditation
 - 1:30 Crafters Club with JJ
 - 2:00 Golfing
 - 3:00 Snack and Chat Social

- 7**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Mike Dardis Performs
 - 11:00 White Board Word Games
 - 1:30 Bingo!
 - 3:00 Cookie and Conversation Social
 - 6:00 Hand Massages

- 8**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Frank Adams Performs
 - 11:00 Would You Rather?
 - 2:00 Gardening Club
 - 2:00 Manicures
 - 3:00 Sunporch Social

- 9**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Noodle Exercises
 - 2:00 Paul Coronella Performs
 - 3:00 Ice Cream Social
 - 6:00 Friday Night Flick

- 10**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Saturday Morning Stretch
 - 1:30 Afternoon Matinee
 - 3:00 Saturday Social
 - 3:30 Word Scramble

- 11** Patriot Day
- 9:30 Walking Club
 - 10:30 Sunday Mass
 - 1:30 Sunday Afternoon Stretch
 - 3:00 Sunday Social
 - 3:30 Yahtzee!
 - 6:00 Hand Massages

- 12**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Stretch and Tone Exercise
 - 11:00 Have You Ever?
 - 1:30 Bocce Competition
 - 3:00 Afternoon Social
 - 6:00 Monday Night Movie

- 13**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Bill Burke Performs
 - 11:00 Mindful Meditation
 - 1:30 Veterans Group
 - 2:00 Bowling
 - 3:00 Snack and Chat Social

- 14**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Move and Groove Exercise
 - 11:00 White Board Word Games
 - 1:30 Bingo!
 - 3:00 Cookie and Conversation Social
 - 6:00 Hand Massages

- 15**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Steve Lanzilotta Performs
 - 11:00 Would You Rather?
 - 2:00 Gardening Club
 - 2:00 Manicures
 - 3:00 Sunporch Social

- 16**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Noodle Exercises
 - 2:00 Sing Along
 - 3:00 Ice Cream Social
 - 6:00 Friday Night Flick

- 17**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Saturday Morning Stretch
 - 1:30 Afternoon Matinee
 - 3:00 Saturday Social
 - 3:30 Word Scramble

- 18**
- 9:30 Walking Club
 - 10:30 Sunday Mass
 - 1:30 Sunday Afternoon Stretch
 - 3:00 Sunday Social
 - 3:30 Yahtzee!
 - 6:00 Hand Massages

- 19**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Stretch and Tone Exercise
 - 11:00 Have You Ever?
 - 1:30 Bocce Competition
 - 3:00 Afternoon Social
 - 6:00 Monday Night Movie

- 20**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Noodle Exercises
 - 11:00 Mindful Meditation
 - 1:30 Crafters Club with JJ
 - 2:00 Golfing
 - 3:00 Snack and Chat Social

- 21**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Move and Groove Exercise
 - 11:00 White Board Word Games
 - 1:30 Art Class with Paul
 - 3:00 Cookie and Conversation Social
 - 6:00 Hand Massages

- 22** Fall Equinox
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Balloon Volleyball
 - 11:00 Would You Rather?
 - 2:00 Gardening Club
 - 2:00 Manicures
 - 3:00 Sunporch Social

- 23**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Noodle Exercises
 - 2:00 Sing Along
 - 3:00 Ice Cream Social
 - 6:00 Friday Night Flick

- 24**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Saturday Morning Stretch
 - 1:30 Afternoon Matinee
 - 3:00 Saturday Social
 - 3:30 Word Scramble

- 25**
- 9:30 Walking Club
 - 10:30 Sunday Mass
 - 1:30 Paul Coronella Performs
 - 3:00 Sunday Social
 - 3:30 Yahtzee!
 - 6:00 Hand Massages

- 26**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Stretch and Tone Exercise
 - 11:00 Have You Ever?
 - 1:30 Bocce Competition
 - 3:00 Afternoon Social
 - 6:00 Monday Night Movie

- 27**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Noodle Exercises
 - 11:00 Mindful Meditation
 - 1:30 Crafters Club with JJ
 - 2:00 Bowling
 - 3:00 Snack and Chat Social

- 28**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Move and Groove Exercise
 - 11:00 White Board Word Games
 - 1:30 Bingo!
 - 3:00 Cookie and Conversation Social
 - 6:00 Hand Massages

- 29**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Balloon Volleyball
 - 11:00 Would You Rather?
 - 2:00 Gardening Club
 - 2:00 Manicures
 - 3:00 Sunporch Social

- 30**
- 9:30 Walking Club
 - 10:00 Pray the Rosary
 - 10:30 Joey BBop Performs
 - 2:00 Sing Along
 - 3:00 Ice Cream Social
 - 6:00 Friday Night Flick



PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social