

Summer Fun!

We have another fun filled month here at Windrose at Weymouth! We kick off the month of August with our family cook out on August 4th! Our dining team has been busy planning for the event! The dinning team has also planned weekly cook outs for all of the residents to enjoy! We have been spending a lot of time outside on the sun porch. We are having as much fun in the sun as we can! One of the residents favorite thing to do is enjoy an ice cream sundae out on the sun porch! We have many entertainers scheduled during the month of August! In addition to the entertainment we have a wonderful music therapy program every other Friday! Wally the therapy dog and his owner Jim are stopping by weekly for a visit! Everyone here at Windrose at Weymouth look forward to Wallys visits! In addition to our music therapy and pet therapy programs we offer a state of the art behavior based ergonomic therapy program, also known as BBET. This is a one of kind therapy program that we offer here at Windrose at Weymouth and it is individualized to meet the residents individual needs. If you have any questions about the BBET Program, Megan Walker would love to answer them for you.

All of us here at Windrose at Weymouth are looking forward to a fun filled month ahead!



Windrose Happenings!

WINDROSE at weymouth *Associates*

Katie Palamara
Executive Director

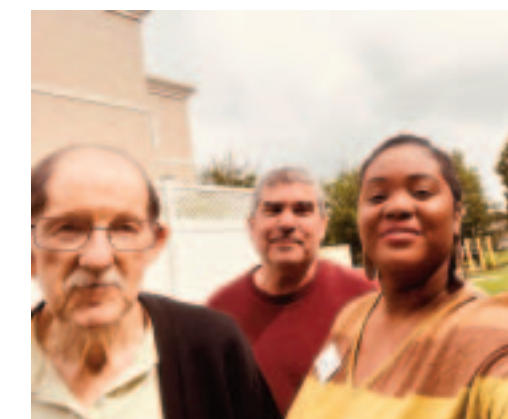
Susan MacIndewar
Sales & Marketing Director

Megan Walker
Engagement Director

Teresa Berardi
Culinary Service Director

Joao Gomes
Maintenance Director

Adrienne Munroe
Receptionist



Summer sure is flying by fast! Before we know it will be back to school! Before the summer comes to an end we would love to celebrate Summer and The Windrose Community at our Family Night BBQ! We will be hosting a BBQ on the sun porch on August 4th at 6:00. We would love for all of the Windrose Family & Friends attend this event! Please make sure you RSVP. This month we also get to celebrate all of the amazing staff here at Windrose. On August 25th staff members will be treated to a chair massage, followed by a cook out! We are so fortunate to have such amazing residents, families and staff here at Windrose at Weymouth!



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



- 1**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Stretch and Tone Exercise
 - 11:00 ■ Have You Ever?
 - 1:30 ■ Bocce Competition
 - 3:00 ■ Afternoon Social
 - 6:00 ■ Monday Night Movie

- 2**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Noodle Exercises
 - 11:00 ■ Mindful Meditation
 - 1:30 ■ Crafters Club with JJ
 - 2:00 ■ Bowling
 - 3:00 ■ Snack and Chat Social

- 3**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Move and Groove Exercise
 - 11:00 ■ White Board Word Games
 - 1:30 ■ Bingo!
 - 3:00 ■ Cookie and Conversation Social
 - 6:00 ■ Hand Massages

- 4**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Balloon Volleyball
 - 11:00 ■ Baking Club~ Chocolate Chip Cookies
 - 2:00 ■ Gardening Club
 - 2:00 ■ Manicures
 - 3:00 ■ Chocolate Chip Cookie Day Social

- 5**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Noodle Exercises
 - 11:00 ■ Sing Along
 - 2:00 ■ Dick Mandell Performs
 - 3:00 ■ Ice Cream Social
 - 6:00 ■ Friday Night Flick

- 6**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Saturday Morning Stretch
 - 1:30 ■ Afternoon Matinee
 - 3:00 ■ Rootbeer Float Social
 - 3:30 ■ Word Scramble

- 7**
- 9:30 ■ Walking Club
 - 10:30 ■ Sunday Mass
 - 2:00 ■ Paul Coronella Performs
 - 3:00 ■ Sunday Social
 - 3:30 ■ Yahtzee!
 - 6:00 ■ Hand Massages

- 8**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Stretch and Tone Exercise
 - 1:30 ■ Bocce Competition
 - 3:00 ■ Afternoon Social
 - 6:00 ■ Monday Night Movie

- 9**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Noodle Exercises
 - 11:00 ■ Mindful Meditation
 - 1:30 ■ Crafters Club with JJ
 - 1:30 ■ Veterans Group
 - 3:00 ■ Snack and Chat Social

- 10**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Mike Dardis Performs
 - 11:00 ■ White Board Word Games
 - 1:30 ■ Bingo!
 - 3:00 ■ Cookie and Conversation Social
 - 6:00 ■ Hand Massages

- 11**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Balloon Volleyball
 - 11:00 ■ Would You Rather?
 - 2:00 ■ Gardening Club
 - 2:00 ■ Manicures
 - 3:00 ■ Sunporch Social

- 12**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Noodle Exercises
 - 11:00 ■ Music Therapy
 - 1:30 ■ Paul Coronella Performs
 - 3:00 ■ Ice Cream Social
 - 6:00 ■ Friday Night Flick

- 13**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Saturday Morning Stretch
 - 1:30 ■ Afternoon Matinee
 - 3:00 ■ Saturday Social
 - 3:30 ■ Word Scramble

- 14**
- 9:30 ■ Walking Club
 - 10:30 ■ Sunday Mass
 - 1:30 ■ Sunday Afternoon Stretch
 - 3:00 ■ Sunday Social
 - 3:30 ■ Yahtzee!
 - 6:00 ■ Hand Massages

- 15**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Bill Burke Performs
 - 11:00 ■ Have You Ever?
 - 1:30 ■ Bocce Competition
 - 3:00 ■ Afternoon Social
 - 6:00 ■ Monday Night Movie

- 16**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Noodle Exercises
 - 11:00 ■ Mindful Meditation
 - 1:30 ■ Crafters Club with JJ
 - 2:00 ■ Bowling
 - 3:00 ■ Snack and Chat Social

- 17**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Move and Groove Exercise
 - 11:00 ■ White Board Word Games
 - 1:00 ■ Music Therapy
 - 1:30 ■ Art Class with Paul
 - 3:00 ■ Cookie and Conversation Social
 - 6:00 ■ Hand Massages

- 18**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Steve Lanzilotta Performs
 - 11:00 ■ Would You Rather?
 - 2:00 ■ Gardening Club
 - 2:00 ■ Manicures
 - 3:00 ■ Sunporch Social

- 19**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Noodle Exercises
 - 2:00 ■ Sing Along
 - 3:00 ■ Ice Cream Social
 - 6:00 ■ Friday Night Flick

- 20**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Saturday Morning Stretch
 - 1:30 ■ Afternoon Matinee
 - 3:00 ■ Saturday Social
 - 3:30 ■ Word Scramble

- 21**
- 9:30 ■ Walking Club
 - 10:30 ■ Sunday Mass
 - 1:30 ■ Sunday Afternoon Stretch
 - 3:00 ■ Sunday Social
 - 3:30 ■ Yahtzee!
 - 6:00 ■ Hand Massages

- 22**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Stretch and Tone Exercise
 - 11:00 ■ Have You Ever?
 - 1:30 ■ Bocce Competition
 - 3:00 ■ Afternoon Social
 - 6:00 ■ Monday Night Movie

- 23**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Noodle Exercises
 - 11:00 ■ Mindful Meditation
 - 1:30 ■ Crafters Club with JJ
 - 2:00 ■ Golfing
 - 3:00 ■ Snack and Chat Social

- 24**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Move and Groove Exercise
 - 11:00 ■ White Board Word Games
 - 1:30 ■ Bingo!
 - 3:00 ■ Cookie and Conversation Social
 - 6:00 ■ Hand Massages

- 25**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Balloon Volleyball
 - 11:00 ■ Would You Rather?
 - 2:00 ■ Gardening Club
 - 2:00 ■ Manicures
 - 3:00 ■ Sunporch Social

- 26**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Joey BBop Performs
 - 2:00 ■ Sing Along
 - 3:00 ■ Ice Cream Social
 - 6:00 ■ Friday Night Flick

- 27**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Saturday Morning Stretch
 - 1:30 ■ Afternoon Matinee
 - 3:00 ■ Saturday Social
 - 3:30 ■ Word Scramble

- 28**
- 9:30 ■ Walking Club
 - 10:30 ■ Sunday Mass
 - 2:00 ■ Paul Coronella Performs
 - 3:00 ■ Sunday Social
 - 3:30 ■ Yahtzee!
 - 6:00 ■ Hand Massages

- 29**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Stretch and Tone Exercise
 - 11:00 ■ Have You Ever?
 - 1:30 ■ Bocce Competition
 - 3:00 ■ Afternoon Social
 - 6:00 ■ Monday Night Movie

- 30**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Noodle Exercises
 - 11:00 ■ Mindful Meditation
 - 1:30 ■ Crafters Club with JJ
 - 2:00 ■ Bowling
 - 3:00 ■ Snack and Chat Social

- 31**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Move and Groove Exercise
 - 11:00 ■ White Board Word Games
 - 1:30 ■ Bingo!
 - 3:00 ■ Cookie and Conversation Social
 - 6:00 ■ Hand Massages



Events

- 2nd~ National Ice Cream Sandwich Day
- 3rd~ National Watermelon Day
- 4th~ National Chocolate Chip Cookie Day
- 5th~ Ann's Birthday
- 6th~ National Root beer Float Day
- 8th~ John's Birthday
- 9th~ Anna's Birthday
- 10th~ Jack's Birthday
- 13th~ Suzanne's Birthday
- 14th~ National Creamsicle Day
- 25th~ National Banana Split Day
- 26th~ John's Birthday
- 31st~ Helen's Birthday

PROGRAM

- - Cognitive
- - Emotional
- - Physical
- - Social



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Events are subject to change.