

Happy 4th of July!

Many of us celebrate the Fourth of July every year with fireworks, barbecues, concerts and parades. Growing up, you may have heard that we celebrate Independence Day on July 4 because that's the day the Founding Fathers signed the Declaration of Independence, but that's not technically true! Although the Declaration was adopted on July 4, 1776, it wasn't signed by most people until a month later. Read on for some more interesting 4th of July facts and history and enjoy July 4, 2022!

~ Massachusetts became the 1st state to make the 4th of July an official state holiday in 1781

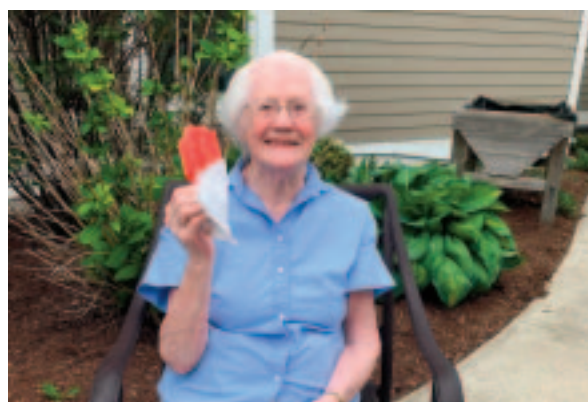
~ Americans typically eat 15 million hot dogs on Independence Day

~ About 16,000 July 4th fireworks display happen around the country each year

~ The 1st 4th of July celebration took place at the White House in 1801

~ President Calvin Coolidge was born on July 4th, 1872

~ Independence Day became a Federal Holiday in 1870



Windrose Happenings!

WINDROSE
at weymouth
Associates

Susan MacIndewar
Sales & Marketing Director

Teresa Berardi
Culinary Service Director

Joao Gomes
Maintenance Director

Adrienne Munroe
Receptionist

Maureen Barry
Receptionist

Judnee Jean- Hilaire
Activity Assistant



Summer festivities are in full swing here at Windrose at Weymouth! This month we get to celebrate Independence Day! We will be celebrating the Holiday with a cook out on the sun porch. Our dining and activities team have been busy planning for the event! Our outdoor summer concert series will continue with Bill Burke, Paul Coronella, and Mike Dardis performing for us on the sun porch! Our garden is looking beautiful thanks to residents Tim and Suzanne tending to it daily! Tomatoes, peppers and herbs are almost ready to enjoy! Our cooking club is looking forward to using the fresh ingredients!

All of us here at Windrose at Weymouth wish you all a happy and safe Independence Day!



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Events

- 4th ~ Independence Day
- 7th ~ National Strawberry Sundae Day
- 8th ~ National Sugar Cookie Day
- 11th ~ National Blueberry Muffin Day
- 13th ~ National French Fry Day
- 14th ~ Bastille Day
- 16th ~ National Cherry Day
- 16th ~ Theresa Birthday
- 17th ~ National Ice Cream Day
- 20th ~ National Hot Dog Day
- 25th ~ National Hot Fudge Sundae Day
- 30th ~ National Cheesecake Day

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social

31 JULY

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Sunday Mass
- 1:30 ■ Sunday Afternoon Stretch
- 3:00 ■ Sunday Social
- 3:30 ■ Yahtzee!
- 6:00 ■ Hand Massages



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(781) 331-5555 •



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- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Noodle Exercises
- 11:00 ■ Sing Along
- 1:30 ■ Dick Mandell Performs
- 3:00 ■ Ice Cream Social & Name That Tune
- 6:00 ■ Friday Night Flick

2

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Saturday Morning Stretch
- 1:30 ■ Afternoon Matinee
- 3:00 ■ Saturday Social
- 3:30 ■ Word Scramble

3

- 9:30 ■ Walking Club
- 10:30 ■ Sunday Mass
- 1:30 ■ Sunday Afternoon Stretch
- 3:00 ■ Sunday Social
- 3:30 ■ Yahtzee!
- 6:00 ■ Hand Massages

4

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Stretch and Tone Exercise
- 11:00 ■ Have You Ever?
- 1:30 ■ Bocce Competition
- 2:00 ■ Manicures
- 3:00 ■ Afternoon Social
- 6:00 ■ Monday Night Movie

5

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Noodle Exercises
- 11:00 ■ Mindful Meditation
- 1:30 ■ Crafters Club with JJ
- 2:00 ■ Bowling
- 3:00 ■ Snack and Chat Social

6

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Move and Groove Exercise
- 11:00 ■ White Board Word Games
- 1:30 ■ Bingo!
- 3:00 ■ Cookie and Conversation Social
- 6:00 ■ Hand Massages

7

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Frank Adams Performs
- 11:00 ■ Would You Rather?
- 2:00 ■ Gardening Club
- 3:00 ■ Fresh Fruit & Trivia Social

8

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Noodle Exercises
- 11:00 ■ Sing Along
- 1:30 ■ Paul Coronella Performs
- 3:00 ■ Ice Cream Social & Name That Tune
- 6:00 ■ Friday Night Flick

9

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Saturday Morning Stretch
- 1:30 ■ Afternoon Matinee
- 3:00 ■ Saturday Social
- 3:30 ■ Word Scramble

10

- 9:30 ■ Walking Club
- 10:30 ■ Sunday Mass
- 1:30 ■ Sunday Afternoon Stretch
- 2:00 ■ Paul Coronella Performs
- 3:00 ■ Sunday Social
- 3:30 ■ Yahtzee!
- 6:00 ■ Hand Massages

11

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Stretch and Tone Exercise
- 11:00 ■ Have You Ever?
- 1:30 ■ Bocce Competition
- 2:00 ■ Manicures
- 3:00 ■ Afternoon Social
- 6:00 ■ Monday Night Movie

12

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Bill Burke Performs
- 11:00 ■ Mindful Meditation
- 1:30 ■ Crafters Club with JJ
- 2:00 ■ Golfing
- 3:00 ■ Snack and Chat Social

13

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Mike Dardis Performs
- 11:00 ■ White Board Word Games
- 1:30 ■ Bingo!
- 3:00 ■ Cookie and Conversation Social
- 6:00 ■ Hand Massages

14

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Balloon Volleyball
- 11:00 ■ Would You Rather?
- 2:00 ■ Gardening Club
- 3:00 ■ Fresh Fruit & Trivia Social

15

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Noodle Exercises
- 11:00 ■ Sing Along
- 1:30 ■ Arm Chair Travels
- 3:00 ■ Ice Cream Social & Name That Tune
- 6:00 ■ Friday Night Flick

16

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Saturday Morning Stretch
- 1:30 ■ Afternoon Matinee
- 3:00 ■ Saturday Social
- 3:30 ■ Word Scramble

17

- 9:30 ■ Walking Club
- 10:30 ■ Sunday Mass
- 1:30 ■ Sunday Afternoon Stretch
- 2:00 ■ Paul Coronella Performs
- 3:00 ■ Sunday Social
- 3:30 ■ Yahtzee!
- 6:00 ■ Hand Massages

18

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Stretch and Tone Exercise
- 11:00 ■ Have You Ever?
- 1:30 ■ Bocce Competition
- 2:00 ■ Manicures
- 3:00 ■ Afternoon Social
- 6:00 ■ Monday Night Movie

19

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Noodle Exercises
- 11:00 ■ Mindful Meditation
- 1:30 ■ Crafters Club with JJ
- 2:00 ■ Bowling
- 3:00 ■ Snack and Chat Social

20

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Move and Groove Exercise
- 11:00 ■ White Board Word Games
- 1:30 ■ Art Class with Paul
- 3:00 ■ Cookie and Conversation Social
- 6:00 ■ Hand Massages

21

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Steve Lanzilotta Performs
- 11:00 ■ Would You Rather?
- 2:00 ■ Gardening Club
- 3:00 ■ Fresh Fruit & Trivia Social

22

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Joey Bbop Performs
- 11:00 ■ Sing Along
- 1:30 ■ Arm Chair Travels
- 3:00 ■ Ice Cream Social & Name That Tune
- 6:00 ■ Friday Night Flick

23

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Saturday Morning Stretch
- 1:30 ■ Afternoon Matinee
- 3:00 ■ Saturday Social
- 3:30 ■ Word Scramble

24

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Sunday Mass
- 1:30 ■ Sunday Afternoon Stretch
- 2:00 ■ Paul Coronella Performs
- 3:00 ■ Sunday Social
- 3:30 ■ Yahtzee!
- 6:00 ■ Hand Massages

25

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Stretch and Tone Exercise
- 11:00 ■ Have You Ever?
- 1:30 ■ Bocce Competition
- 2:00 ■ Manicures
- 3:00 ■ Afternoon Social
- 6:00 ■ Monday Night Movie

26

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Noodle Exercises
- 11:00 ■ Mindful Meditation
- 1:30 ■ Crafters Club with JJ
- 2:00 ■ Golfing
- 3:00 ■ Snack and Chat Social

27

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Move and Groove Exercise
- 11:00 ■ White Board Word Games
- 1:30 ■ Bingo!
- 3:00 ■ Cookie and Conversation Social
- 6:00 ■ Hand Massages

28

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Balloon Volleyball
- 11:00 ■ Would You Rather?
- 2:00 ■ Gardening Club
- 3:00 ■ Fresh Fruit & Trivia Social

29

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
- 10:30 ■ Noodle Exercises
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30

- 9:30 ■ Walking Club
- 10:00 ■ Pray the Rosary
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- 3:30 ■ Word Scramble