

Welcome to Windrose!

We are so happy to welcome our new hair stylist Jennifer Barnes! Jennifer wanted to reach out to all of the Windrose families and introduce herself!

To Family and Loved Ones of Windrose Residents

Hello, my name is Jennifer Barnes, and I'd like to take a moment to introduce myself as the new hair stylist at Windrose.

I have been a licensed cosmetologist for 20 years, and I continue to work in the salon industry. I am thankful for the opportunity to provide hair care services for your loved ones. I have a special place in my heart for people with memory care needs. I lost my Grandmother to Alzheimer's in 2019. I will do my best to make sure your loved ones feel safe and comfortable during our time together.

All payments can be made via cash, check or venmo.

Best regards,

Jennifer Barnes

jennbarnes608@gmail.com



Windrose Happenings!



We have such a fun month planned here at Windrose at Weymouth ! On May 5th our van will be out on our official first scenic ride of the season! We will also be celebrating Cinco De Mayo on the 5th with a traditional Cinco de Mayo luncheon that our dining team has been busy planning! On May 8th we will be celebrating Mothers Day and all of the wonderful Mothers here at Windrose! The Play it Again Band will performing out on the patio for the occasion. Refreshments will be served! We have a full schedule of entertainment and with the nicer weather here they will be performing outside in the sunshine! Be sure to check out our garden on the porch that our Garden Club has been taking care of! We are all looking forward to the month of May and all the fun it will bring!!

WINDROSE at weymouth Associates

Katie Palamara
Executive Director

Kristin Browning
Resident Care Director

Susan MacIndewar
Sales & Marketing Director

Megan Walker
Engagement Director

Teresa Berardi
Culinary Service Director

Peggie McCarthy
Business Office Director

Joao Gomes
Maintenance Director



Sunday

Monday

Tuesday

Wednesday

Thursday








Friday

Saturday









1 May Day

9:30  Walking Club
 10:30  Sunday Mass
 1:30  Sunday Afternoon Stretch
 2:00  Trivia Time
 3:00  Sunday Social
 3:30  Yahtzee!
 6:00  Hand Massages









2

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Bill Burke Performs
 2:00  Stretch and Tone Exercise
 2:00  Manicures w/ Megan
 3:00  Afternoon Social
 6:00  Monday Night Movie










3

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Noodle Exercises
 11:00  Mindful Meditation
 1:30  Crafters Club with JJ
 2:00  Word Scrambles
 3:00  Snack and Chat Social
 6:00  Color Me Calm








4

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Move and Groove Exercise
 11:00  White Board Word Games
 1:30  Bingo!
 2:00  Men's Club
 3:00  Cookie and Conversation Social
 6:00  Hand Massages







5 Cinco de Mayo

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Balloon Volleyball
 11:00  Would You Rather?
 1:30  Scenic Drive
 2:00  Gardening Club with Amy
 2:30  Manicures w/ Megan
 3:00  Fresh Fruit & Trivia Social
 6:00  Color Me Calm

6

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Noodle Exercises
 11:00  Sing Along
 1:30  Dick Mandell Performs
 3:00  Ice Cream Social & Name That Tune
 6:00  Friday Night Flick









7

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Saturday Morning Stretch
 1:30  Afternoon Matinee
 3:00  Saturday Social
 3:30  Word Scramble








8 Mother's Day

9:30  Walking Club
 10:30  Sunday Mass
 11:00  Play It Again Band Performs
 1:30  Sunday Afternoon Stretch
 3:00  Mother's Day Social
 3:30  Yahtzee!
 6:00  Hand Massages








9

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Stretch and Tone Exercise
 11:00  Have You Ever?
 1:30  Bocce Competition
 2:00  Manicures
 3:00  Afternoon Social
 6:00  Monday Night Movie










10

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Mike Dardis Performs
 1:30  Crafters Club with JJ
 2:00  Word Scrambles
 3:00  Snack and Chat Social
 6:00  Color Me Calm








11

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Frank Adams Performs
 1:30  Bingo!
 2:00  Men's Club
 3:00  Cookie and Conversation Social
 6:00  Hand Massages




12

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Balloon Volleyball
 11:00  Would You Rather?
 11:00  Cooking Club w/ Teresa
 2:00  Gardening Club with Amy
 2:30  Manicures w/ Megan
 3:00  Fresh Fruit & Trivia Social
 6:00  Color Me Calm








13

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Noodle Exercises
 11:00  Sing Along
 1:30  Paul Coronella Performs
 3:00  Ice Cream Social & Name That Tune
 6:00  Friday Night Flick









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9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Saturday Morning Stretch
 1:30  Afternoon Matinee
 3:00  Saturday Social
 3:30  Word Scramble









15

9:30  Walking Club
 10:30  Sunday Mass
 1:30  Sunday Afternoon Stretch
 2:00  Trivia Time
 3:00  Sunday Social
 3:30  Yahtzee!
 6:00  Hand Massages









16

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Stretch and Tone Exercise
 11:00  Have You Ever?
 1:30  Bocce Competition
 2:00  Manicures
 3:00  Afternoon Social
 6:00  Monday Night Movie










17

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Noodle Exercises
 11:00  Mindful Meditation
 1:30  Crafters Club with JJ
 2:00  Word Scrambles
 3:00  Snack and Chat Social
 6:00  Color Me Calm

18

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Steve Lanzilotta Performs
 11:00  White Board Word Games
 1:30  Art Class with Paul
 2:00  Men's Club
 3:00  Cookie and Conversation Social
 6:00  Hand Massages







19

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Joey BBop Performs
 11:00  Would You Rather?
 1:30  Scenic Drive
 2:00  Gardening Club with Amy
 2:30  Manicures w/ Megan
 3:00  Fresh Fruit & Trivia Social
 6:00  Color Me Calm








20

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Noodle Exercises
 11:00  Sing Along
 1:30  Arm Chair Travels
 3:00  Ice Cream Social & Name That Tune
 6:00  Friday Night Flick









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9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Saturday Morning Stretch
 1:30  Afternoon Matinee
 3:00  Saturday Social
 3:30  Word Scramble









22

9:30  Walking Club
 10:30  Sunday Mass
 1:30  Sunday Afternoon Stretch
 2:00  Paul Coronella Performs
 3:00  Sunday Social
 3:30  Yahtzee!
 6:00  Hand Massages





23

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Stretch and Tone Exercise
 11:00  Have You Ever?
 1:30  Bocce Competition
 2:00  Manicures
 3:00  Afternoon Social
 6:00  Monday Night Movie

24

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Noodle Exercises
 11:00  Mindful Meditation
 1:30  Crafters Club with JJ
 2:00  Word Scrambles
 3:00  Snack and Chat Social
 6:00  Color Me Calm

25

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Move and Groove Exercise
 11:00  White Board Word Games
 1:30  Bingo!
 2:00  Men's Club
 3:00  Cookie and Conversation Social
 6:00  Hand Massages






26

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Balloon Volleyball
 11:00  Would You Rather?
 11:00  Cooking Club w/ Teresa
 2:00  Gardening Club with Amy
 2:30  Manicures w/ Megan
 3:00  Fresh Fruit & Trivia Social
 6:00  Color Me Calm








27

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Noodle Exercises
 11:00  Sing Along
 1:30  Arm Chair Travels
 3:00  Ice Cream Social & Name That Tune
 6:00  Friday Night Flick






28

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Saturday Morning Stretch
 1:30  Afternoon Matinee
 3:00  Saturday Social
 3:30  Word Scramble









29

9:30  Walking Club
 10:30  Sunday Mass
 1:30  Sunday Afternoon Stretch
 2:00  Paul Coronella Performs
 3:00  Sunday Social
 3:30  Yahtzee!
 6:00  Hand Massages

30 Memorial Day

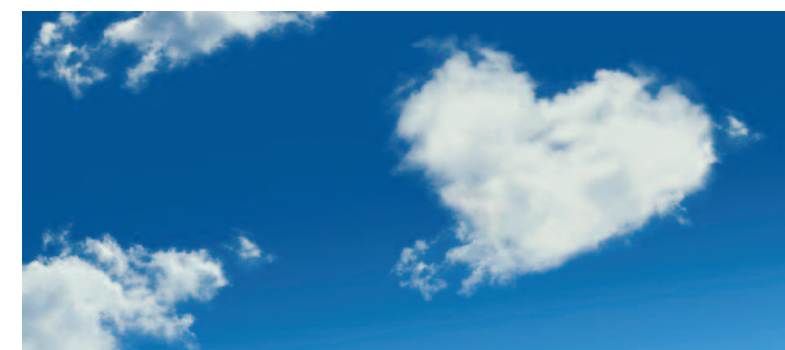
9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Stretch and Tone Exercise
 11:00  Have You Ever?
 1:30  Bocce Competition
 2:00  Manicures
 3:00  Afternoon Social
 6:00  Monday Night Movie

31

9:30  Walking Club
 10:00  Pray the Rosary
 10:30  Noodle Exercises
 11:00  Mindful Meditation
 1:30  Crafters Club with JJ
 2:00  Word Scrambles
 3:00  Snack and Chat Social
 6:00  Color Me Calm







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Events

- 1st~ May Day
- 1st~ Lois & Janes Birthday
- 5th~ Cinco de Mayo
- 6th~ National Nurses Day
- 7th~ Kentucky Derby
- 8th~ Mother's Day
- 13th~ National Apple Pie Day
- 17th~ Marguerites Birthday
- 21st~ National Armed Forces Day
- 22nd~ National Vanilla Pudding Day
- 26th~ National Blueberry Cheesecake Day
- 28th~ National Hamburger Day
- 30th~ Memorial Day
- 30th~ Peters Birthday

PROGRAM

-  – Cognitive
-  – Emotional
-  – Physical
-  – Social