

## Happy Holidays

This Holiday Season we have so many fun things to look forward too! We have many opportunities for our friends and families to celebrate the Holidays with their loved ones. Dick Mandell, Paul Coronella, Steve Lanzilotta , Joey BBop and The Salvation Army band will be performing their Holiday shows. Check out the calendar for the date and time. Santa Clause will be stopping by on the 21st at 2:00 to deliver gifts to all of the residents. On the 23rd we will be having an afternoon Christmas Church Service. Christmas Dinner will be served at noon on Christmas Day. Please let the front desk know if you are planning to attend! The residents will be busy all month, trimming trees, decorating the community, making cards, creating gifts and decorating gingerbread men!

From all of us at Windrose at Weymouth, we wish you and your family a very happy Holiday Season and a very Happy New Year!!



### WINDROSE at weymouth *Associates*

**Katie Palamara**  
*Executive Director*

**Kristin Browning**  
*Resident Care Director*

**Lynn Stefano**  
*Sales and Marketing Director*

**Megan Walker**  
*Engagement Director*

**Teresa Berardi**  
*Culinary Service Director*

**Peggie McCarthy**  
*Business Office Director*

**Michael Berendsen**  
*Maintenance Director*



## Tis, The Season Of Giving



This Holiday Season, Windrose at Weymouth would like to give back to our community. This year we will be participating in our third annual pajama drive. We will be collecting pajamas for local children that are in foster care. There will be a drop box located in the front office. Pajamas are to be new and unworn. All sizes are needed from newborn to adult. On New Year's Eve both the staff and residents will celebrate this cause by having an all day pajama party. We are looking forward to the pajama drive and to be able to help those in need.







# DECEMBER 2021

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



670 Main Street • Weymouth, MA 02190  
(781) 331-5555 •

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Sunday Mass  
1:30 Sunday Afternoon Stretch  
3:00 Sunday Social  
3:15 Daily Chronicle & Discussion  
3:30 Name That Tune  
6:00 The Lawrence Welk Show

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Walt Disney Day

9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Stretch and Tone Exercise  
11:00 Disney Fun Facts  
1:30 Disney Day Matinee  
3:00 Afternoon Social  
3:15 Daily Chronicle & Discussion  
6:00 Monday Night Movie

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Move and Groove w/ Lisa  
11:00 Word Scrambles  
1:30 Crafters Corner  
3:00 Cotton Candy Social  
3:15 Daily Chronicle & Discussion  
6:00 Tuesday's Cinema

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Mike Dardis Performs  
11:00 Manicures  
1:30 Bingo!  
3:00 Cookie and Conversation Social  
3:15 Daily Chronicle & Discussion  
6:00 Movie of the Eve

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Balloon Volleyball  
11:00 Trivia Time  
1:30 Kitchen Memories  
3:00 Fresh Fruit Social  
3:15 Daily Chronicle & Discussion  
6:00 Movie of the Evening

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Noodle Exercises  
11:00 Manicures  
11:00 Would You Rather?  
1:30 Paul Coronella Performs  
3:00 Ice Cream Social  
3:15 Daily Chronicle & Discussion  
6:00 Friday Night Flick

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Saturday Morning Stretch  
1:30 Afternoon Matinee  
3:00 Saturday Social  
3:15 Daily Chronicle & Discussion  
3:30 Word Scramble

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Sunday Mass  
1:30 Salvation Army Band Performs  
3:00 Sunday Social  
3:15 Daily Chronicle & Discussion  
3:30 Cranium Crunchers  
6:00 The Lawrence Welk Show

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Stretch and Tone Exercise  
11:00 Have You Ever?  
1:30 Bocce Competition  
3:00 Hot Cocoa Social  
3:15 Daily Chronicle & Discussion  
6:00 Monday Night Movie

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Noodle Exercises  
11:00 Word Scrambles  
1:30 Holiday Card Making  
3:00 Snack and Chat Social  
3:15 Daily Chronicle & Discussion  
6:00 Tuesday's Cinema

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Move and Groove Exercise  
11:00 Manicures  
11:00 White Board Word Games  
1:30 Art Class w/ Paul  
3:00 Cookie and Conversation Social  
3:15 Daily Chronicle & Discussion

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Balloon Volleyball  
11:00 Trivia Time  
1:30 Decorate a Gingerbread Man  
2:00 Veterans Cafe  
3:00 Fresh Fruit Social  
3:15 Daily Chronicle & Discussion  
6:00 Movie of the Evening

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Noodle Exercises  
11:00 Manicures  
11:00 Would You Rather?  
1:30 Arm Chair Travels ~ London  
3:00 Ice Cream Social  
3:15 Daily Chronicle & Discussion  
6:00 Friday Night Flick

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Kay's Birthday

9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Saturday Morning Stretch  
1:30 Afternoon Matinee  
3:00 Saturday Social  
3:15 Daily Chronicle & Discussion  
3:30 Word Scramble

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Sunday Mass  
1:30 Sunday Afternoon Stretch  
3:00 Sunday Social  
3:15 Daily Chronicle & Discussion  
3:30 Name That Tune  
6:00 The Lawrence Welk Show

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Stretch and Tone Exercise  
11:00 Have You Ever?  
1:30 Steve Lanzilotta Performs  
3:00 Afternoon Social  
3:15 Daily Chronicle & Discussion  
6:00 Monday Night Movie

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Winter Solstice

9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Move & Groove w/ Lisa  
11:00 Word Scrambles  
1:30 Santa Visits!  
3:00 Snack and Chat Social  
3:15 Daily Chronicle & Discussion  
6:00 Tuesday's Cinema

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Joey Bpop Performs  
11:00 Manicures  
1:30 Bingo!  
3:00 Cookie and Conversation Social  
3:15 Daily Chronicle & Discussion  
6:00 Movie of the Eve

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Bill Burke Performs  
1:30 Christmas Church Service  
3:00 Fresh Fruit Social  
3:15 Daily Chronicle & Discussion  
6:00 Movie of the Evening

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Christmas Eve

9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Noodle Exercises  
11:00 Manicures  
11:00 Would You Rather?  
1:30 Christmas Sing Along  
3:00 Ice Cream Social  
3:15 Daily Chronicle & Discussion  
6:00 Friday Night Flick

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Christmas

9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Saturday Morning Stretch  
12:00 Christmas Dinner  
1:30 Christmas Matinee  
3:00 Saturday Social  
3:15 Daily Chronicle & Discussion  
3:30 Word Scramble

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Kwanza

9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Sunday Mass  
1:30 Paul Coronella Performs  
3:00 Sunday Social  
3:15 Daily Chronicle & Discussion  
3:30 Cranium Crunchers  
6:00 The Lawrence Welk Show

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Stretch and Tone Exercise  
11:00 Have You Ever?  
1:30 Bocce Competition  
3:00 Afternoon Social  
3:15 Daily Chronicle & Discussion  
6:00 Monday Night Movie

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Noodle Exercises  
11:00 Word Scrambles  
1:30 Crafters Corner  
3:00 Snack and Chat Social  
3:15 Daily Chronicle & Discussion  
6:00 Tuesday's Cinema

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Move and Groove Exercise  
11:00 Manicures  
11:00 White Board Word Games  
1:30 Bingo!  
3:00 Cookie and Conversation Social  
3:15 Daily Chronicle & Discussion

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9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Balloon Volleyball  
11:00 Trivia Time  
1:30 Kitchen Memories  
3:00 Fresh Fruit Social  
3:15 Daily Chronicle & Discussion  
6:00 Movie of the Evening

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New Year's Eve

9:30 Walking Club  
10:00 Pray the Rosary  
10:30 Noodle Exercises  
11:00 Manicures  
11:00 Would You Rather?  
1:30 Arm Chair Travels ~ New York City  
3:00 New Year's Eve Social  
3:15 Daily Chronicle & Discussion



## Events

1st~ Alex's Birthday  
4th~ National Cookie Day  
4th~ Marie's Birthday  
6th~ Walt Disney Day  
7th~ National Cotton Candy Day  
8th~ National Brownie Day  
12th~ Gingerbread Decorating Day  
13th~ National Cocoa Day  
15th~ National Cupcake Day  
18th~ Kay's Birthday  
21st~ Winter Solstice  
24th~ Christmas Eve  
25th~ Christmas  
26th~ Kwanza Begins  
31st~ New Years Eve

## PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social