### ThriveCare

At Windrose, ThriveCare is both our lifestyle and our therapy program. This unique, holistic program of nurturing care is offered to every resident.Windrose is exclusively for seniors with Memory Loss, therefore we regularly train our entire staff in techniques specific to Alzheimer's and related disorders. This unique approach is how we incorporate the latest advanced research and personalize to each residents interests and needs every day.

These are Thrivecare's basic tenets -

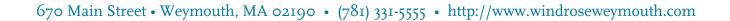
- Advanced Communication Techniques
- The Rythmn of the Day
- -Advanced Wellness Care
- -Research -Based Dining Program
- BBET- Behavior Bases Ergonomics Therapies













## Walk To End Alzheimer's



Jason Morrissey Executive Director

Lynn Stefano Sales and Marketing Director

> Megan Walker Engagement Director

Teresa Berardi Culinary Service Director

Peggie McCarthy Business Office Director

Michael Berendsen Maintenance Director



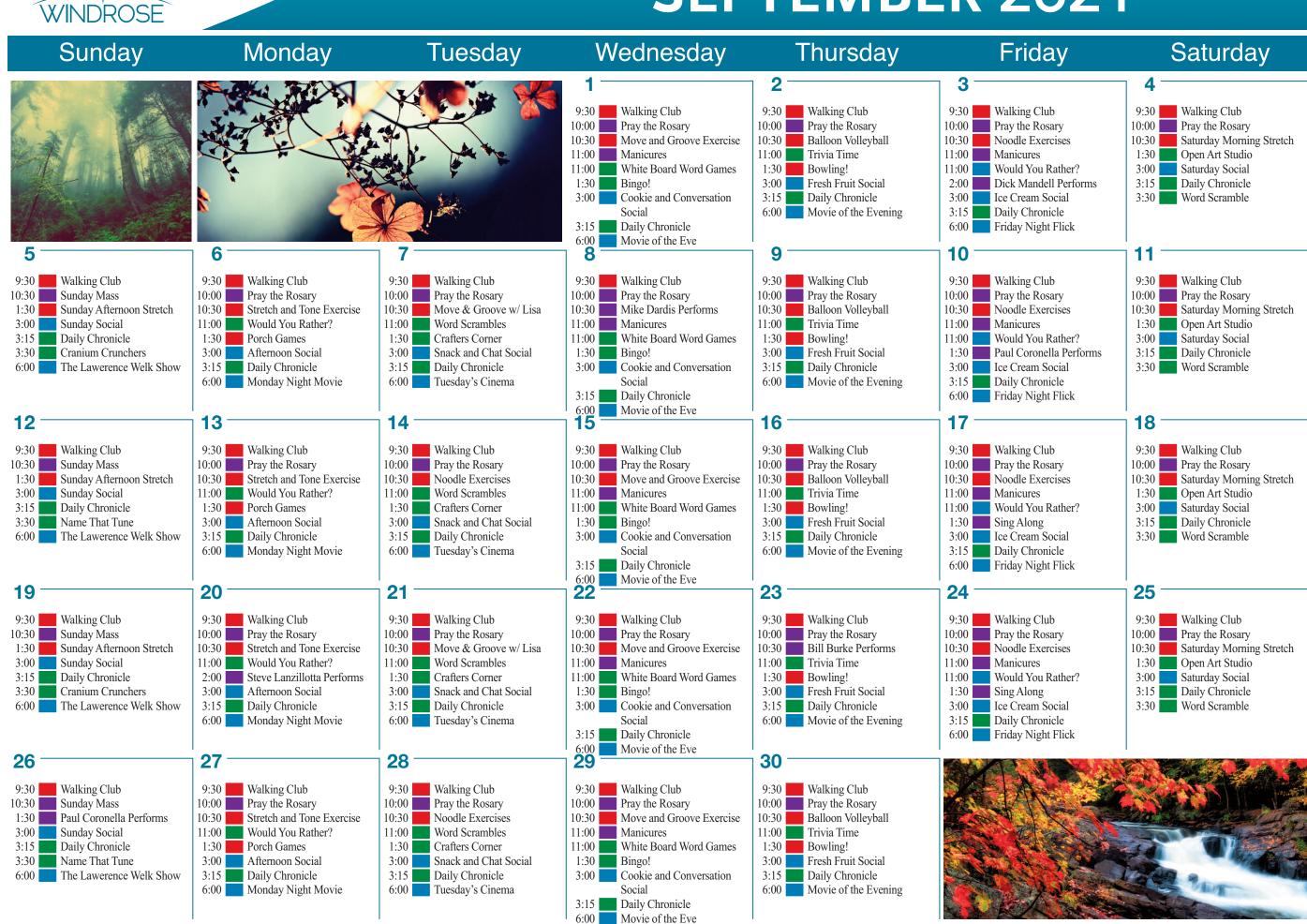




We are very excited to be participating in this years Walk to End Alzheimer's! The walk will take place on September 25th at Nelson Memorial Park in Plymouth! Our team will be led by our team captain Lynn Stefano. If you would to like make a donation please visit our team page ," Team Windrose" on The Walk to End Alzheimer's web page or see Lynn Stefano. All funds, raised through The Walk to End Alzheimer's further the care, support, and research efforts of the Alzheimer's Association. Here at Windrose at Weymouth we are very passionate about the fight to end Alzheimer's and are looking forward to the event!



# **SEPTEMBER** 2021



Events are subject to change.



### Events

5th~ National Cheese Pizza Day 6th<sup>~</sup> Labor Day 8th<sup>~</sup> Mike Dardis Performs 10th<sup>~</sup> Paul Performs 11th<sup>~</sup> Patriot Day 11th<sup>~</sup> Cathryn's Birthday 12th<sup>~</sup> Grandparents Day 13th~ National Peanut Day 15th~ Yom Kippur 18th~ National Cheeseburger Day 20th<sup>~</sup> Steve Performs 22nd~ Fall Equinox 23rd~ Bill Burke Performs 26th<sup>~</sup> National Pancake Day

#### PROGRAM

- Cognitive
- Emotional
- Physical
- Social