

ThriveCare

At Windrose, ThriveCare is both our lifestyle and our therapy program. This unique, holistic program of nurturing care is offered to every resident. Windrose is exclusively for seniors with Memory Loss, therefore we regularly train our entire staff in techniques specific to Alzheimer's and related disorders. This unique approach is how we incorporate the latest advanced research and personalize to each residents interests and needs every day.

These are Thrivecare's basic tenets -

- Advanced Communication Techniques
- The Rythmn of the Day
- Advanced Wellness Care
- Research -Based Dining Program
- BBET- Behavior Bases Ergonomics Therapies



WINDROSE at weymouth *Associates*

Jason Morrissey
Executive Director

Lynn Stefano
Sales and Marketing Director

Megan Walker
Engagement Director

Teresa Berardi
Culinary Service Director

Peggie McCarthy
Business Office Director

Michael Berendsen
Maintenance Director



Walk To End Alzheimer's



We are very excited to be participating in this years Walk to End Alzheimer's! The walk will take place on September 25th at Nelson Memorial Park in Plymouth! Our team will be led by our team captain Lynn Stefano. If you would to like make a donation please visit our team page , " Team Windrose" on The Walk to End Alzheimer's web page or see Lynn Stefano. All funds, raised through The Walk to End Alzheimer's further the care, support, and research efforts of the Alzheimer's Association. Here at Windrose at Weymouth we are very passionate about the fight to end Alzheimer's and are looking forward to the event!



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



- 5**
- 9:30 ■ Walking Club
 - 10:30 ■ Sunday Mass
 - 1:30 ■ Sunday Afternoon Stretch
 - 3:00 ■ Sunday Social
 - 3:15 ■ Daily Chronicle
 - 3:30 ■ Cranium Crunchers
 - 6:00 ■ The Lawrence Welk Show

- 6**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Stretch and Tone Exercise
 - 11:00 ■ Would You Rather?
 - 1:30 ■ Porch Games
 - 3:00 ■ Afternoon Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Monday Night Movie

- 7**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Move & Groove w/ Lisa
 - 11:00 ■ Word Scrambles
 - 1:30 ■ Crafters Corner
 - 3:00 ■ Snack and Chat Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Tuesday's Cinema

- 1**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Move and Groove Exercise
 - 11:00 ■ Manicures
 - 11:00 ■ White Board Word Games
 - 1:30 ■ Bingo!
 - 3:00 ■ Cookie and Conversation Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Movie of the Eve

- 8**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Mike Dardis Performs
 - 11:00 ■ Manicures
 - 11:00 ■ White Board Word Games
 - 1:30 ■ Bingo!
 - 3:00 ■ Cookie and Conversation Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Movie of the Eve

- 15**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Move and Groove Exercise
 - 11:00 ■ Manicures
 - 11:00 ■ White Board Word Games
 - 1:30 ■ Bingo!
 - 3:00 ■ Cookie and Conversation Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Movie of the Eve

- 22**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Move and Groove Exercise
 - 11:00 ■ Manicures
 - 11:00 ■ White Board Word Games
 - 1:30 ■ Bingo!
 - 3:00 ■ Cookie and Conversation Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Movie of the Eve

- 29**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Move and Groove Exercise
 - 11:00 ■ Manicures
 - 11:00 ■ White Board Word Games
 - 1:30 ■ Bingo!
 - 3:00 ■ Cookie and Conversation Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Movie of the Eve

- 2**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Balloon Volleyball
 - 11:00 ■ Trivia Time
 - 1:30 ■ Bowling!
 - 3:00 ■ Fresh Fruit Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Movie of the Evening

- 9**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Balloon Volleyball
 - 11:00 ■ Trivia Time
 - 1:30 ■ Bowling!
 - 3:00 ■ Fresh Fruit Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Movie of the Evening

- 16**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Balloon Volleyball
 - 11:00 ■ Trivia Time
 - 1:30 ■ Bowling!
 - 3:00 ■ Fresh Fruit Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Movie of the Evening

- 23**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Bill Burke Performs
 - 11:00 ■ Trivia Time
 - 1:30 ■ Bowling!
 - 3:00 ■ Fresh Fruit Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Movie of the Evening

- 30**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Balloon Volleyball
 - 11:00 ■ Trivia Time
 - 1:30 ■ Bowling!
 - 3:00 ■ Fresh Fruit Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Movie of the Evening

- 3**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Noodle Exercises
 - 11:00 ■ Manicures
 - 11:00 ■ Would You Rather?
 - 2:00 ■ Dick Mandell Performs
 - 3:00 ■ Ice Cream Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Friday Night Flick

- 10**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Noodle Exercises
 - 11:00 ■ Manicures
 - 11:00 ■ Would You Rather?
 - 1:30 ■ Paul Coronella Performs
 - 3:00 ■ Ice Cream Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Friday Night Flick

- 17**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Noodle Exercises
 - 11:00 ■ Manicures
 - 11:00 ■ Would You Rather?
 - 1:30 ■ Sing Along
 - 3:00 ■ Ice Cream Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Friday Night Flick

- 24**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Noodle Exercises
 - 11:00 ■ Manicures
 - 11:00 ■ Would You Rather?
 - 1:30 ■ Sing Along
 - 3:00 ■ Ice Cream Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Friday Night Flick

- 4**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Saturday Morning Stretch
 - 1:30 ■ Open Art Studio
 - 3:00 ■ Saturday Social
 - 3:15 ■ Daily Chronicle
 - 3:30 ■ Word Scramble

- 11**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Saturday Morning Stretch
 - 1:30 ■ Open Art Studio
 - 3:00 ■ Saturday Social
 - 3:15 ■ Daily Chronicle
 - 3:30 ■ Word Scramble

- 18**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Saturday Morning Stretch
 - 1:30 ■ Open Art Studio
 - 3:00 ■ Saturday Social
 - 3:15 ■ Daily Chronicle
 - 3:30 ■ Word Scramble

- 25**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Saturday Morning Stretch
 - 1:30 ■ Open Art Studio
 - 3:00 ■ Saturday Social
 - 3:15 ■ Daily Chronicle
 - 3:30 ■ Word Scramble

- 26**
- 9:30 ■ Walking Club
 - 10:30 ■ Sunday Mass
 - 1:30 ■ Paul Coronella Performs
 - 3:00 ■ Sunday Social
 - 3:15 ■ Daily Chronicle
 - 3:30 ■ Name That Tune
 - 6:00 ■ The Lawrence Welk Show

- 27**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Stretch and Tone Exercise
 - 11:00 ■ Would You Rather?
 - 1:30 ■ Porch Games
 - 3:00 ■ Afternoon Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Monday Night Movie

- 28**
- 9:30 ■ Walking Club
 - 10:00 ■ Pray the Rosary
 - 10:30 ■ Noodle Exercises
 - 11:00 ■ Word Scrambles
 - 1:30 ■ Crafters Corner
 - 3:00 ■ Snack and Chat Social
 - 3:15 ■ Daily Chronicle
 - 6:00 ■ Tuesday's Cinema



Events

- 5th~ National Cheese Pizza Day
- 6th~ Labor Day
- 8th~ Mike Dardis Performs
- 10th~ Paul Performs
- 11th~ Patriot Day
- 11th~ Cathryn's Birthday
- 12th~ Grandparents Day
- 13th~ National Peanut Day
- 15th~ Yom Kippur
- 18th~ National Cheeseburger Day
- 20th~ Steve Performs
- 22nd~ Fall Equinox
- 23rd~ Bill Burke Performs
- 26th~ National Pancake Day

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social