

# Happy Father's Day!

This month we get to celebrate all of the wonderful Father's we have here at Windrose!  
Here are some fun facts about Father's Day:

- ~ Washington was the first state to celebrate the holiday
- ~ Not everyone was happy with the idea of separate holidays for parents
- ~ Presidents recognized the holiday, but the federal government didn't
- ~ Father's Day wasn't officially recognized as a national holiday until 1972
- ~ Americans are expected to spend more than \$15 billion on gifts ( That is still far less than they spend on Mother's Day)

Happy Father's Day from all of us at Windrose at Weymouth!!



## The Magic of Pets



There have been hundreds of research articles published on the benefits of pet therapy for people with Alzheimer and dementia. Here are a few of those benefits-Improved Mood, Calming Effect, Decreased Behavioral Problems, Improved Nutrition, increased Social Interaction, increases Physical Activity

Here at Windrose at Weymouth, we find Pet Therapy to be beneficial to all of the residents. Greg and his Therapy dog Moose will be returning this month. We also will be having Barn Babies visiting us on June 3rd at 1:30. This is a wonderful opportunity for the all residents to engage in Pet Therapy.



WINDROSE  
at weymouth  
*Associates*

Jason Morrissey  
*Executive Director*

Maureen Heath  
*Resident Care Director*

Lynn Stefano  
*Sales and Marketing Director*

Megan Walker  
*Engagement Director*

Teresa Berardi  
*Culinary Service Director*

Peggie McCarthy  
*Business Office Director*

Pat Reynolds  
*Maintenance Director*



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



670 Main Street • Weymouth, MA 02190  
(781) 331-5555 •

- 6**
- 10:00 Pray the Rosary
  - 10:30 Sunday Morning Stretch
  - 11:00 Daily Chronicle
  - 1:30 Open Art Studio
  - 3:00 Sunday Social
  - 3:30 Name That Tune
  - 6:00 The Lawrence Welk Show

- 7**
- 10:00 Pray the Rosary
  - 10:30 Stretch and Tone Exercise
  - 11:00 Daily Chronicle
  - 1:30 Porch Games
  - 3:00 Afternoon Social
  - 3:15 Would You Rather?
  - 6:00 Monday Night Movie

- 8**
- 10:00 Pray the Rosary
  - 10:30 Noodle Exercises
  - 11:00 Daily Chronicle
  - 1:30 Crafters Corner
  - 3:00 Snack and Chat Social
  - 3:15 Word Scrambles
  - 6:00 Tuesday's Cinema

- 9**
- 10:00 Pray the Rosary
  - 10:30 Mike Dardis Performs
  - 11:00 Daily Chronicle
  - 1:30 Bingo!
  - 3:00 Cookie and Conversation Social
  - 3:15 White Board Word Games
  - 6:00 Movie of the Eve

- 10**
- 10:00 Pray the Rosary
  - 10:30 Balloon Volleyball
  - 11:00 Daily Chronicle
  - 1:30 Bowling!
  - 3:00 Fresh Fruit Social
  - 3:15 Trivia Time
  - 6:00 Movie of the Evening

- 11**
- 10:00 Pray the Rosary
  - 10:30 Noodle Exercises
  - 11:00 Daily Chronicle
  - 1:30 Paul Coronella Performs
  - 3:00 Ice Cream Social
  - 6:00 Friday Night Flick

- 12**
- 10:00 Pray the Rosary
  - 10:30 Saturday Morning Stretch
  - 11:00 Daily Chronicle
  - 1:30 Afternoon Matinee
  - 3:00 Saturday Social
  - 3:30 Word Scramble

- 13**
- 10:00 Pray the Rosary
  - 10:30 Sunday Morning Stretch
  - 11:00 Daily Chronicle
  - 1:30 Open Art Studio
  - 3:00 Sunday Social
  - 3:30 Cranium Crunchers
  - 6:00 The Lawrence Welk Show

- 14**
- 10:00 Pray the Rosary
  - 10:30 Stretch and Tone Exercise
  - 11:00 Daily Chronicle
  - 1:30 Porch Games
  - 3:00 Afternoon Social
  - 3:15 Would You Rather?
  - 6:00 Monday Night Movie

- 15**
- 10:00 Pray the Rosary
  - 10:30 Noodle Exercises
  - 11:00 Daily Chronicle
  - 1:30 Crafters Corner
  - 3:00 Snack and Chat Social
  - 3:15 Word Scrambles
  - 6:00 Tuesday's Cinema

- 16**
- 10:00 Pray the Rosary
  - 10:30 Move and Groove Exercise
  - 11:00 Daily Chronicle
  - 1:30 Bingo!
  - 3:00 Cookie and Conversation Social
  - 3:15 White Board Word Games
  - 6:00 Movie of the Eve

- 17**
- 10:00 Pray the Rosary
  - 10:30 Balloon Volleyball
  - 11:00 Daily Chronicle
  - 1:30 Bowling!
  - 3:00 Fresh Fruit Social
  - 3:15 Trivia Time
  - 6:00 Movie of the Evening

- 18**
- 10:00 Pray the Rosary
  - 10:30 Noodle Exercises
  - 11:00 Daily Chronicle
  - 1:30 Sing Along
  - 3:00 Ice Cream Social
  - 3:15 Would You Rather?
  - 6:00 Friday Night Flick

- 19**
- 10:00 Pray the Rosary
  - 10:30 Saturday Morning Stretch
  - 11:00 Daily Chronicle
  - 1:30 Afternoon Matinee
  - 3:00 Saturday Social
  - 3:30 Word Scramble

- 20**
- 10:00 Pray the Rosary
  - 10:30 Sunday Morning Stretch
  - 11:00 Daily Chronicle
  - 1:30 Open Art Studio
  - 3:00 Sunday Social
  - 3:30 Name That Tune
  - 6:00 The Lawrence Welk Show

- 21**
- 10:00 Pray the Rosary
  - 10:30 Stretch and Tone Exercise
  - 11:00 Daily Chronicle
  - 1:30 Steve Lanzillotta Performs
  - 3:00 Afternoon Social
  - 3:15 Would You Rather?
  - 6:00 Monday Night Movie

- 22**
- 10:00 Pray the Rosary
  - 10:30 Noodle Exercises
  - 11:00 Daily Chronicle
  - 1:30 Crafters Corner
  - 3:00 Snack and Chat Social
  - 3:15 Word Scrambles
  - 6:00 Tuesday's Cinema

- 23**
- 10:00 Pray the Rosary
  - 10:30 Bill Burke Performs
  - 11:00 Daily Chronicle
  - 1:30 Bingo!
  - 3:00 Cookie and Conversation Social
  - 3:15 White Board Word Games
  - 6:00 Movie of the Eve

- 24**
- 10:00 Pray the Rosary
  - 10:30 Balloon Volleyball
  - 11:00 Daily Chronicle
  - 1:30 Bowling!
  - 3:00 Fresh Fruit Social
  - 3:15 Trivia Time
  - 6:00 Movie of the Evening

- 25**
- 10:00 Pray the Rosary
  - 10:30 Noodle Exercises
  - 11:00 Daily Chronicle
  - 1:30 Sing Along
  - 3:00 Ice Cream Social
  - 6:00 Friday Night Flick

- 26**
- 10:00 Pray the Rosary
  - 10:30 Saturday Morning Stretch
  - 11:00 Daily Chronicle
  - 1:30 Afternoon Matinee
  - 3:00 Saturday Social
  - 3:30 Word Scramble

- 27**
- 10:00 Pray the Rosary
  - 10:30 Sunday Morning Stretch
  - 11:00 Daily Chronicle
  - 1:30 Paul Coronella Performs
  - 3:00 Sunday Social
  - 3:30 Cranium Crunchers
  - 6:00 The Lawrence Welk Show

- 28**
- 10:00 Pray the Rosary
  - 10:30 Stretch and Tone Exercise
  - 11:00 Daily Chronicle
  - 1:30 Porch Games
  - 3:00 Afternoon Social
  - 3:15 Would You Rather?
  - 6:00 Monday Night Movie

- 29**
- 10:00 Pray the Rosary
  - 10:30 Noodle Exercises
  - 11:00 Daily Chronicle
  - 1:30 Crafters Corner
  - 3:00 Snack and Chat Social
  - 3:15 Word Scrambles
  - 6:00 Tuesday's Cinema

- 30**
- 10:00 Pray the Rosary
  - 10:30 Move and Groove Exercise
  - 11:00 Daily Chronicle
  - 1:30 Bingo!
  - 3:00 Cookie and Conversation Social
  - 3:15 White Board Word Games
  - 6:00 Movie of the Eve



## Events

- 4th~ National Donut Day
- 6th~ D-Day
- 7th~ National Chocolate Ice Cream Day
- 7th~ June's Birthday
- 10th~ National Iced Tea Day
- 12th~ National Peanut Butter Cookie Day
- 14th~ Flag Day
- 16th~ National Fudge Day
- 18th~ International Picnic Day
- 20th~ Fathers Day
- 21st~ Summer Solstice
- 27th~ National Bingo Day
- 27th~ Michelle's Birthday

## PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social